

WEIGHT RECOMMENDATION

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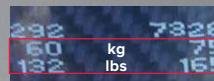
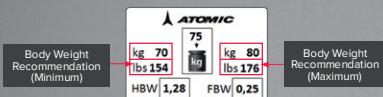
WEIGHT RECOMMENDATION NORDIC SKIS

The Atomic sticker shows the most important technical information.

Body Weight Recommendation:

Every ski of a specific length and flex is usable for a particular weight range. The sticker shown below is on a ski which is recommended for 70-80 kg, or 154-176 lbs.

Note: The Body Weight Recommendation is also printed on every single ski, just above the binding.



Additional printing on the ski.

		kg	lbs	kg	lbs	kg	lbs	kg	lbs	kg	lbs	kg	lbs
RACE CLASSIC		192 cm	197 cm	202 cm	207 cm	-	-	-	-	-	-	-	-
REDSKIN WORLD CUP CLASSIC A1		192 cm	197 cm	202 cm	207 cm	-	-	-	-	-	-	-	-
cold soft		45-65	99-121	50-60	110-132	60-70	121-143	65-75	143-165	-	-	-	-
cold med		50-60	109-132	55-65	121-143	70-80	154-176	75-90	165-188	-	-	-	-
cold hard		55-65	121-143	60-70	132-154	80-90	176-198	90-100	199-220	-	-	-	-
REDSKIN WORLD CUP CLASSIC A2		192 cm	197 cm	202 cm	207 cm	-	-	-	-	-	-	-	-
plus soft		45-65	99-121	50-60	110-132	60-70	121-143	65-75	143-165	-	-	-	-
plus med		50-60	109-132	55-65	121-143	70-80	154-176	75-90	165-188	-	-	-	-
plus hard		55-65	121-143	60-70	132-154	80-90	176-198	90-100	199-220	-	-	-	-
REDSKIN MARATHON CLASSIC		192 cm	197 cm	202 cm	207 cm	-	-	-	-	-	-	-	-
med		50-60	110-132	55-65	121-143	70-80	154-176	75-90	165-188	-	-	-	-
hard		55-65	121-143	60-70	132-154	80-90	176-198	90-100	199-220	-	-	-	-
REDSKIN SKIN TEC		177 cm	184 cm	191 cm	198 cm	205 cm	205 cm	-	-	-	-	-	-
med		35-50	77-110	40-55	88-121	45-60	99-132	60-75	132-165	70-85	154-187	-	-
hard		50-65	110-143	55-70	121-154	70-90	154-198	80-95	176-209	-	-	-	-
REDSKIN VASA CLASSIC		191 cm	196 cm	201 cm	206 cm	-	-	-	-	-	-	-	-
med		40-55	88-121	45-60	99-132	60-75	132-165	70-85	154-187	-	-	-	-
hard		50-65	110-143	55-70	121-154	70-90	154-198	80-95	176-209	-	-	-	-
RACE SKATE		191 cm	196 cm	201 cm	206 cm	-	-	-	-	-	-	-	-
REDSKIN WORLD CUP SKATE A1		173 cm	179 cm	185 cm	191 cm	-	-	-	-	-	-	-	-
soft		40-50	88-110	45-55	99-121	55-65	121-145	65-79	143-174	-	-	-	-
hard		45-65	99-121	50-65	121-145	67-79	147-174	80-92	176-209	-	-	-	-
REDSKIN WORLD CUP SKATE A2		172 cm	178 cm	184 cm	190 cm	-	-	-	-	-	-	-	-
uni soft		40-50	88-110	45-55	99-121	55-65	121-145	65-79	143-174	-	-	-	-
uni hard		45-65	99-121	55-65	121-145	67-79	147-174	80-92	176-209	-	-	-	-
uni xtrif		-	-	-	-	-	-	90-120	199-264	-	-	-	-
plus CB soft		40-50	88-110	45-55	99-121	55-65	121-145	65-79	143-174	-	-	-	-
plus CB hard		45-65	99-121	55-65	121-145	67-79	147-174	80-92	176-209	-	-	-	-
REDSKIN MARATHON SKATE		172 cm	178 cm	184 cm	190 cm	-	-	-	-	-	-	-	-
soft		40-50	88-110	45-60	99-121	55-65	121-145	65-79	143-174	-	-	-	-
hard		45-65	99-121	55-65	121-145	67-79	147-174	80-92	176-209	-	-	-	-
REDSKIN VASA SKATE		172 cm	178 cm	184 cm	190 cm	-	-	-	-	-	-	-	-
soft		45-65	99-121	55-65	121-145	65-78	143-172	77-92	169-202	-	-	-	-
REDSKIN SKATE		172 cm	178 cm	184 cm	190 cm	-	-	-	-	-	-	-	-
soft		45-65	99-121	55-65	121-145	65-78	143-172	77-92	169-202	-	-	-	-

		kg	lbs										
SPORT CLASSIC		176 cm	184 cm	192 cm	200 cm	208 cm	216 cm	224 cm	232 cm	240 cm	248 cm	256 cm	264 cm
SPORT PRO SKINTEC		55-65	121-143	55-70	121-154	60-75	132-165	70-95	154-209	75-100	165-220	-	-
SPORT PRO SKINTEC L		50-60	110-132	55-65	121-143	60-70	132-154	65-75	143-186	69-120	159-264	-	-
SPORT PRO SKINTEC XSTIFF		-	-	-	-	-	-	-	-	208 cm	-	-	
PRO SKINTEC		181 cm	189 cm	195 cm	203 cm	209 cm	217 cm	225 cm	233 cm	241 cm	249 cm	257 cm	265 cm
SPORT PRO CLASSIC		55-65	121-143	55-70	121-154	60-75	132-165	70-95	154-209	75-100	165-220	-	-
PRO CLASSIC		181 cm	189 cm	195 cm	203 cm	209 cm	217 cm	225 cm	233 cm	241 cm	249 cm	257 cm	265 cm
PRO CLASSIC L		55-65	121-143	55-70	121-154	60-75	132-165	70-95	154-209	75-100	165-220	-	-
SPORT CLASSIC		186 cm	193 cm	200 cm	207 cm	209 cm	217 cm	225 cm	233 cm	241 cm	249 cm	257 cm	265 cm
SPORT SKATE		172 cm	178 cm	184 cm	190 cm	196 cm	202 cm	208 cm	214 cm	220 cm	226 cm	232 cm	238 cm
SPORT PRO SKATE		40-55	88-121	45-65	99-143	55-78	121-172	65-92	154-202	-	-	-	-
PRO COMBI		172 cm	178 cm	184 cm	190 cm	196 cm	202 cm	208 cm	214 cm	220 cm	226 cm	232 cm	238 cm
PRO SKATE		40-55	88-121	45-65	99-143	55-78	121-172	65-92	154-202	-	-	-	-
PRO SKATE L		40-55	88-121	45-65	99-143	55-78	121-172	65-92	154-202	-	-	-	-
SPORT SKATE		172 cm	178 cm	184 cm	190 cm	196 cm	202 cm	208 cm	214 cm	220 cm	226 cm	232 cm	238 cm
TOURING MID SIZE		174 cm	184 cm	194 cm	204 cm	-	-	-	-	-	-	-	-
MOTION LITE S2 POSIGRIP		55-70	121-154	60-75	132-165	70-95	154-209	75-100	165-220	-	-	-	-
MOTION 46 WAX		179 cm	185 cm	193 cm	200 cm	-	-	-	-	-	-	-	-
MOTION 46 GRIP		55-65	121-143	55-70	121-154	60-75	132-165	70-95	154-209	-	-	-	-
MOTION S2 WAX		177 cm	184 cm	191 cm	198 cm	-	-	-	-	-	-	-	-
MOTION S2 GRIP		55-65	121-143	55-70	121-154	60-75	132-165	70-95	154-209	-	-	-	-
MOTION S2 GRIP W		177 cm	184 cm	191 cm	198 cm	-	-	-	-	-	-	-	-
TOURING SHORT SIZE		90-95	176-209	90-100	199-220	-	-	-	-	-	-	-	-
MOTION XCRUISE S3 PG XSTIFF		163 cm	173 cm	183 cm	193 cm	-	-	-	-	-	-	-	-
MOTION XCRUISE S3 POSIGRIP		55-65	121-143	55-70	121-154	60-75	132-165	70-95	154-209	-	-	-	-
MOTION XCRUISE S5 GRIP		163 cm	173 cm	183 cm	193 cm	-	-	-	-	-	-	-	-
MOTION XCRUISE S5 GRIP W		163 cm	173 cm	183 cm	193 cm	-	-	-	-	-	-	-	-
JUNIOR CLASSIC		145 cm	155 cm	165 cm	175 cm	-	-	-	-	-	-	-	-
REDSKIN WORLD CUP CLASSIC JR		20-30	44-66	30-40	66-88	35-45	77-99	40-50	88-110	45-55	99-121	-	-
REDSKIN CLASSIC JR		138 cm	148 cm	158 cm	168 cm	-	-	-	-	-	-	-	-
SPORT WAX JR		20-30	44-66	30-40	66-88	35-45	77-99	40-50	88-110	45-55	99-121	-	-
SPORT GRIP JR		120 cm	130 cm	140 cm	150 cm	-	-	-	-	-	-	-	-
REDSKIN WORLD CUP SKATE JR		24-39	53-86	30-45	66-99	32-47	70-103	34-49	75-108	36-51	79-112	38-53	84-117
JUNIOR SKATE		157 cm	164 cm	181 cm	188 cm	-	-	-	-	-	-	-	-
REDSKIN WORLD CUP SKATE JR		20-30	44-66	30-40	66-88	35-45	77-99	40-50	88-110	45-55	99-121	50-60	110-132
REDSKIN SKATE JR		138 cm	148 cm	158 cm	168 cm	-	-	-	-	-	-	-	-
REDSKIN COMBI JR		30-40	66-88	35-45	77-99	40-50	88-110	45-55	99-121	50-60	110-132	-	-

SKI TECHNICAL SPECIFICATIONS

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PRODUCT NAME	ART.NO.	SET NO.	SIZE	SIDE CUT	PROFILE	BASE INDEX	CORE	GRIP
RACE								
RESTER CLASSIC								
RESTER WORLD CUP CLASSIC	AB0020650+ HARD, AB0020648+ MED, AB0020651+ SOFT, AB0020653+ MED/COLD, AB0020654+ SOFT/COLD		192, 197, 202, 207	41-41-44	WC RACE PROFILE	BI 5000	NOMEX FEATHERLIGHT	
RESTER MARATHON CLASSIC	AB0020654+ HARD, AB0020656+ MED		192, 197, 202, 207	41-41-44	WC RACE PROFILE	BI 5000	NOMEX LITE	
RESTER SKINTEC	AB0020652+ SOFT, AB0020644+ MED		177 (mod), 184, 191, 198, 205	41-44-41	RACE PROFILE SKINTEC	BI 5000	SIDEWALL CORE	SKINTEC MODULE
RESTER VASA CLASSIC	AB0020654+ HARD, AB0020622+ MED		191, 196, 201, 206	44.5-42-44	RACE PROFILE	BI 5000	MEXCELL	
RESTER CLASSIC	AB0020650+ HARD, AB0020652+ MED		191, 196, 201, 206	44.5-42-44	RACE PROFILE	BI 4000	POWERCELL	
RESTER SKATE								
RESTER WORLD CUP SKATE A1	AB0020642+ HARD AB0020640+ SOFT		173, 179, 185, 191	43.5-43-45	WC RACE PROFILE	BI 5000	NOMEX FEATHERLIGHT	
RESTER WORLD CUP SKATE A2	AB0020644+ HARD, AB0020668+ SOFT, AB0020669+ XSTIFF, AB0020672+ PLUS HARD, AB0020661+ PLUS SOFT		172, 178, 184, 190 UNI XSTIFF only 190	44-43-44	WC RACE PROFILE	BI 5000	NOMEX FEATHERLIGHT	
RESTER MARATHON SKATE	AB0020650+ HARD AB0020652+ SOFT		172, 178, 184, 190	44-43-44	WC RACE PROFILE	BI 5000	NOMEX LITE	
RESTER VASA SKATE	AB0020658+		172, 178, 184, 190	44-42-43.5	RACE PROFILE	BI 5000	MEXCELL	
RESTER SKATE	AB0020620+		172, 178, 184, 190	44-42-43.5	RACE PROFILE	BI 4000	POWERCELL	
SPORT								
SPORT PRO CLASSIC								
SPORT PRO SKINTEC	AB0020692+ AB0020694+ UNI XSTIFF		176, 184, 192, 200, 208 UNI XSTIFF only 208	43-44-43	SPORT PROFILE SKINTEC	BI 5000	SIDEWALL CORE	SKINTEC SNAP
SPORT PRO SKINTEC L	AB0020690+		176, 184, 192, 200	43-44-43	SPORT PROFILE SKINTEC	BI 5000	SIDEWALL CORE	SKINTEC SNAP
SPORT PRO CLASSIC	AB0020705+ HARD, AB0020628+ MED		191, 196, 201, 206	44.5-42-44	SPORT PROFILE 3D	BI 4000	SPEEDCELL	
PRO SKINTEC	AB0020678+		191, 198, 195, 202, 209	45-45-45	SPORT PROFILE	BI 4000	ULTRA HIGH DENSOLITE	SKINTEC BONDED
PRO CLASSIC	AB0020680+		191, 198, 195, 202, 209	45-45-45	SPORT PROFILE	BI 3000	ULTRA HIGH DENSOLITE	
PRO CLASSIC L	AB0020682+		191, 198, 195	45-45-45	SPORT PROFILE	BI 3000	ULTRA HIGH DENSOLITE	
SPORT CLASSIC	AB0020693+		195, 193, 200, 207	45-46-46	SPORT PROFILE	BI 2000	HIGH DENSOLITE	
SPORT PRO SKATE								
SPORT PRO SKATE	AB0020626+		172, 178, 184, 190	44-42-43.5	SPORT PROFILE 3D	BI 4000	SPEEDCELL	
PRO SKATE	AB0020686+		172, 178, 184, 190	43-44-44	SPORT PROFILE	BI 3000	ULTRA HIGH DENSOLITE	
PRO SKATE L	AB0020693+		195, 172, 178, 194	43-44-44	SPORT PROFILE	BI 3000	ULTRA HIGH DENSOLITE	
PRO COMBI	AB0020702+		172, 178, 184, 190	43-44-44	SPORT PROFILE	BI 3000	ULTRA HIGH DENSOLITE	
SPORT SKATE	AB0020684+		172, 178, 184, 190	43-44-44	SPORT PROFILE	BI 2000	HIGH DENSOLITE	
TOURING								
MOTION (MID SIZE)								
MOTION LITE 50 POSIGRIP	AB0020459+		174, 184, 194, 204	52-41-49	TOURING PROFILE 3D	BI 2000	HIGH DENSOLITE	POSIGRIP
MOTION S2 GRIP	AB0020456+	ABPM00164+ (with SNS Universal)	177, 184, 191, 198, 205	52-41-49	TOURING PROFILE	BI 1500	DENSOLITE	G2 SYNCRO
MOTION S2 WAX	AB0020460+	ABPM00158+ (with SNS Universal)	177, 184, 191, 198, 205	52-41-49	TOURING PROFILE	BI 1500	DENSOLITE	
MOTION S2 GRIP W	AB0020458+	ABPM00166+ (with SNS Universal)	177, 184, 191, 198	52-47-49	TOURING PROFILE	BI 1500	DENSOLITE	G2 SYNC RO
MOTION 46 WAX	AB0020454+	ABPM00162+ (with SNS Universal)	179, 186, 193, 200, 207	46-46-46	TOURING PROFILE	BI 1500	DENSOLITE	
MOTION 46 GRIP	AB0020452+	ABPM00160+ (with SNS Universal)	179, 186, 193, 200, 207	46-46-46	TOURING PROFILE	BI 1500	DENSOLITE	G2 SYNC RO
MOTION XCRUISE (SHORT SIZE)								
MOTION XCRUISE S3 POSIGRIP	AB0020470+		163, 173, 183, 193	53-48-51	XCRUISE PROFILE 3D	BI 2000	HELIUM DENSOLITE	POSIGRIP
MOTION XCRUISE S5 POSITIFF	AB0020464+		183, 193	53-48-51	XCRUISE PROFILE 3D	BI 2000	HELIUM DENSOLITE	POSIGRIP
MOTION XCRUISE S5 GRIP	AB0020472+	ABPM00170+ (with SNS Universal)	163, 173, 183, 193	55-49-52	XCRUISE PROFILE	BI 1500	DENSOLITE	G2 SYNCRO
MOTION XCRUISE S5 GRIP W	AB0020474+	ABPM00172+ (with SNS Universal)	163, 173, 183	55-49-52	XCRUISE PROFILE	BI 1500	DENSOLITE	G2 SYNCRO
JUNIOR								
RESTER CLASSIC								
RESTER WC CLASSIC JR	AB0020634+ MED, AB0020638+ SOFT		mod 175, 183 soft 145, 155, 165, 175, 185	45-44-45	WC RACE PROFILE JR	BI 5000	SPEEDCELL	
RESTER CLASSIC JUNIOR	AB0020698+		158, 168, 158, 165, 175, 182	45-45-45	RACE PROFILE JR	BI 3000	HIGH DENSOLITE	
RESTER SKATE								
RESTER WC SKATE JUNIOR	AB0020638+		157, 144, 151, 158, 165, 172	44-42-44	WC RACE PROFILE JR	BI 5000	SPEEDCELL	
RESTER SKATE JUNIOR	AB0020696+		158, 148, 158, 163, 168	45-45-45	RACE PROFILE JR	BI 3000	HIGH DENSOLITE	
RESTER COMBI JUNIOR	AB0020705+		158, 148, 158, 163, 168	45-45-45	RACE PROFILE JR	BI 3000	HIGH DENSOLITE	
SPORT								
SPORT WAX JUNIOR	AB0020644+	ABPM00174+ (with SNS Universal Jr)	90, 100, 110, 120, 130, 140, 150, 160, 170	52-41-49	SPORT PROFILE JR	BI 1500	DENSOLITE	
SPORT GRIP JUNIOR	AB0020646+	ABPM00176+ (with SNS Universal Jr)	90, 100, 110, 120, 130, 140, 150, 160, 170	52-47-49	SPORT PROFILE JR	BI 1500	DENSOLITE	G2 SYNCRO